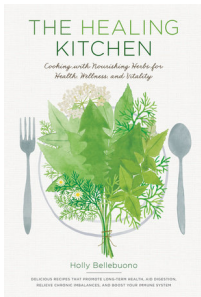


Boost Your Immune System

Trending Topics Spring 2020



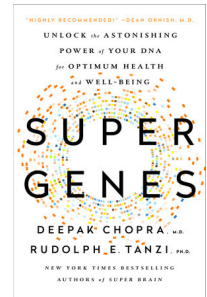
The Healing Kitchen
Holly Bellebuono
978-1-61180-278-8 HC \$24.95
Health & Fitness
Roost Books
World
August 9, 2016



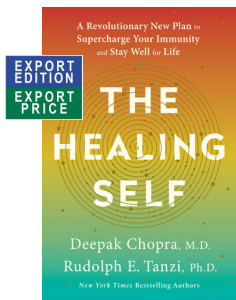
Well+Good Cookbook
Alexia Brue and Meisse Gelada
978-1-9848-2319-9 HC \$29.99
Cooking
Clarkson Potter
World
April 16, 2019



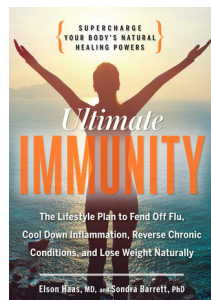
The Blue Zones
Dan Buettner
978-1-4262-0755-6 MM \$7.99
Health & Fitness
National Geographic
World except UK/Ireland
October 19, 2010



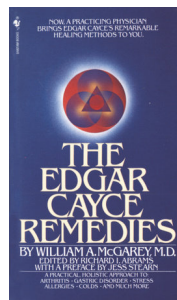
Super Genes
Deepak Chopra, M.D., and Rudolph E. Tanzi, Ph.D.
978-0-8041-4015-7 TR \$17
Health & Fitness
Harmony
February 7, 2017



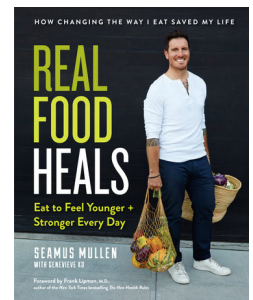
The Healing Self: A Revolutionary New Plan to Supercharge Your Immunity...
Deepak Chopra, M.D., and Rudolph E. Tanzi, Ph.D.
978-0-525-57433-0 Int'l C \$9.99 Export Price
Health & Fitness
Harmony
January 30, 2018



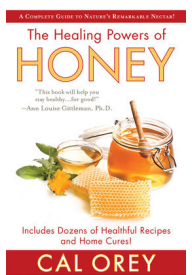
Ultimate Immunity
Elson Haas and Sondra Barrett
978-1-62336-390-1 TR \$16.99
Health & Fitness
Rodale Books
World
October 6, 2015



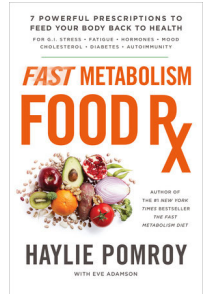
The Edgar Cayce Remedies
William A. McGarey, M.D.
978-0-553-27427-1 MM \$7.99
Health & Fitness
Bantam
World
June 1, 1983



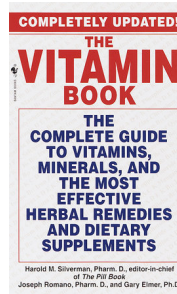
Real Food Heals
Seamus Mullen with Genevieve Ko; Foreword by Frank Lipman, M.D.
978-0-7352-1385-2 HC \$35
Cooking
Avery
World
August 22, 2017



The Healing Powers of Honey
Cal Orey
978-1-4967-1254-7 MM \$7.99
Health & Fitness
Kensington
World
February 27, 2018



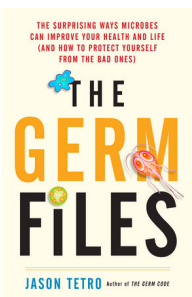
Fast Metabolism Food Rx
Haylie Pomroy with Eve Adamson
978-0-8041-4107-9 HC \$26
Health & Fitness
Harmony
World
February 23, 2016



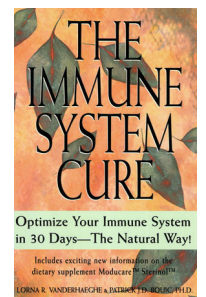
The Vitamin Book
Harold M. Silverman, M.D., Joseph Romano, and Gray Elmer
978-0-553-57957-4 MM \$7.99
Health & Fitness
Bantam
World
July 13, 1999



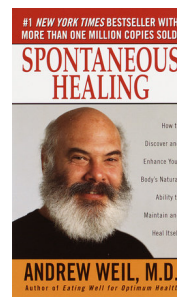
Love Real Food
Kathryn Taylor, Creator of Cookie and Kate
978-1-62336-741-1 HC \$27.5
Cooking
Rodale Books
World
May 16, 2017



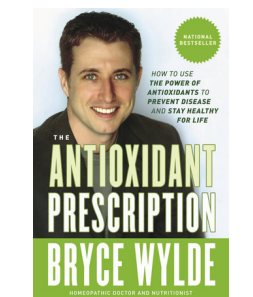
The Germ Files
Jason Tetro
978-0-385-68577-1 TR \$19
Science
Doubleday Canada
World
February 2, 2016



The Immune System Cure
Lorna Vanderheaghe
978-0-7582-0374-8 TR \$15
Health & Fitness
Kensington
World
January 1, 2000



Spontaneous Healing
Andrew Weil, M.D.
978-0-8041-1794-4 MM \$7.99
Health & Fitness
Ballantine Books
April 4, 2000



The Antioxidant Prescription
Bryce Wyld
978-0-307-35586-7 TR \$17.95
Health & Fitness
Random House Canada
November 3, 2009



Penguin Random House International Sales USA 1745 Broadway, New York, NY 10019 USA
internationalorders@penguinrandomhouse.com