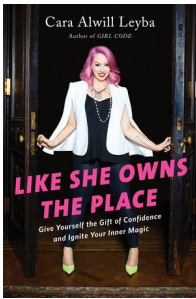
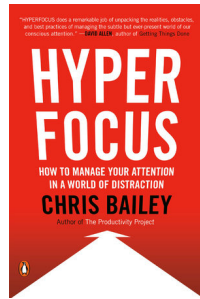


# Learning Essential Life Skills

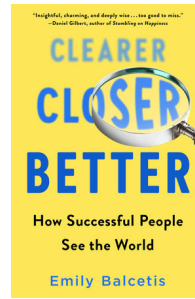
## Top Trends Spring 2020



**Like She Owns the Place: Give Yourself the Gift of Confidence and Ignite Your Inner Magic**  
 Cara Alwill Leyba  
 978-0-525-53310-8 HC \$24  
 Self-help  
 Portfolio  
 July 10, 2018



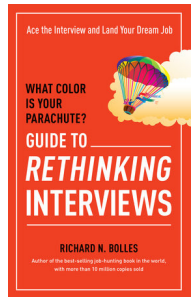
**Hyperfocus**  
 Chris Bailey  
 978-0-525-52225-6 TR \$17  
 Self-help  
 Penguin Books  
 August 27, 2019



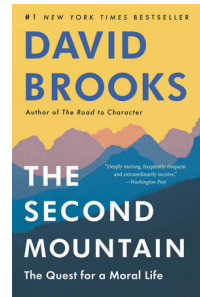
**Clearer, Closer, Better**  
 Emily Balcetis  
 978-1-5247-9646-4 HC \$27  
 Self-help  
 Ballantine Books  
 World  
 February 25, 2020



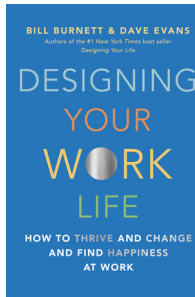
**Do the Work You Love: How to Create an Income without Working a Boring Job**  
 Joe Barnes  
 978-1-78678-314-1 TR \$16.95  
 Self-help  
 Watkins Publishing  
 World except UK/Ireland  
 February 11, 2020



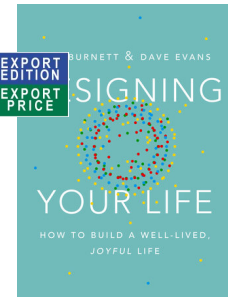
**What Color Is Your Parachute? Guide to Rethinking Interviews**  
 Richard N. Bolles  
 978-1-60774-659-1 TR \$12.99  
 Business & Economics  
 Ten Speed Press  
 World  
 May 6, 2014



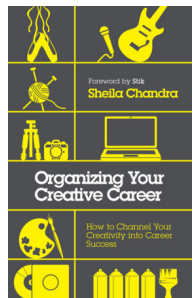
**The Second Mountain**  
 David Brooks  
 978-0-8129-8342-5 TR \$18  
 Social Science  
 Random House Trade Paperbacks  
 May 26, 2020



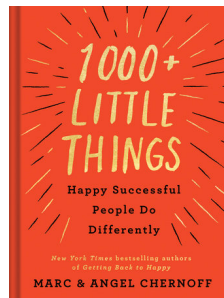
**Designing Your Work Life**  
 Bill Burnett and Dave Evans  
 978-1-5247-1179-5 Int'l PB \$18  
 Business & Economics  
 Knopf  
 February 25, 2020



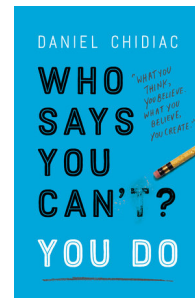
**Designing Your Life**  
 Bill Burnett and Dave Evans  
 978-0-451-49408-5 Int'l B \$17 Export Price  
 Self-help  
 Knopf  
 August 30, 2016



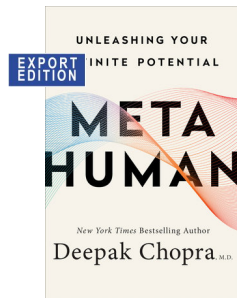
**Organizing Your Creative Career**  
 Sheila Chandra  
 978-1-78678-291-5 TR \$16.95  
 Self-help  
 Watkins Publishing  
 World except UK/Ireland  
 January 14, 2020



**1000+ Little Things Happy Successful People Do Differently**  
 Marc Chernoff and Angel Chernoff  
 978-0-525-54274-2 HC \$18  
 Self-help  
 TarcherPerigee  
 World  
 May 21, 2019



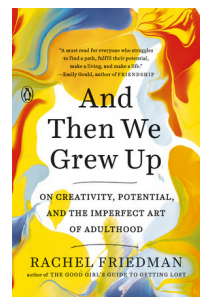
**Who Says You Can't? You Do**  
 Daniel Chidiac  
 978-0-525-57361-6 TR \$18  
 Self-help  
 Harmony  
 January 9, 2018



**Metahuman: Unleashing Your Infinite Potential**  
 Deepak Chopra, MD  
 978-0-593-13609-6 Int'l C \$17  
 Self-help  
 Harmony  
 October 1, 2019



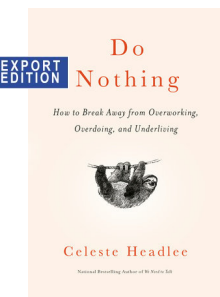
**Older, but Better, but Older**  
 Caroline De Maigret and Sophie Mas  
 978-0-385-54486-3 HC \$25  
 Self-help  
 Doubleday  
 December 31, 2019



**And Then We Grew Up**  
 Rachel Friedman  
 978-0-14-313212-7 TR \$17  
 Self-help  
 Penguin Books  
 World  
 December 31, 2019



**The Book of Ichigo Ichie: The Art of Making the Most of Every Moment, the Japanese Way**  
 Héctor García and Francesc Miralles  
 978-0-14-313449-7 HC \$15.5 Export Price  
 Self-help  
 Penguin Books  
 December 31, 2019

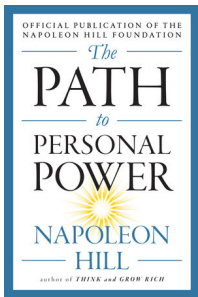


**Do Nothing: How to Break Away from Overworking, Overdoing, and Underliving**  
 Celeste Headlee  
 978-0-593-13893-9 Int'l PB \$17  
 Self-help  
 Harmony  
 March 10, 2020

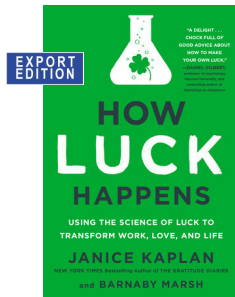


Penguin  
 Random  
 House

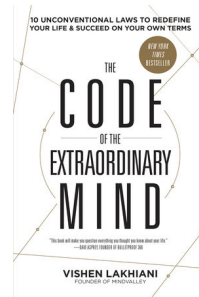
Penguin Random House International Sales USA 1745 Broadway, New York, NY 10019 USA  
 internationalorders@penguinrandomhouse.com



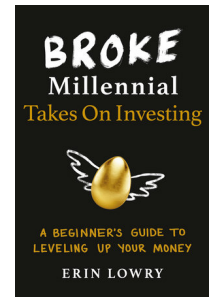
**The Path to Personal Power**  
Napoleon Hill  
978-0-14-311153-5 TR \$17  
Self-help  
TarcherPerigee  
July 18, 2017



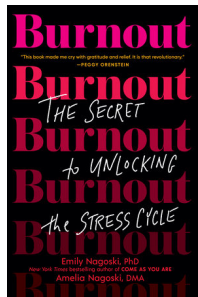
**How Luck Happens: Using the Science of Luck to Transform Work, Love, and Life**  
Janice Kaplan and Barnaby Marsh  
978-1-5247-4328-4 Int'l C \$18  
Business - Self-help  
Dutton  
March 6, 2018



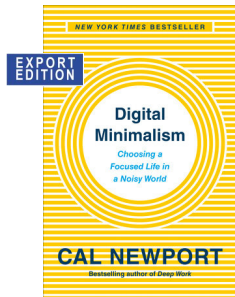
**The Code of the Extraordinary Mind**  
Vishen Lakhiani  
978-0-593-13582-2 TR \$16.99  
Self-help  
Rodale Books  
World  
December 31, 2019



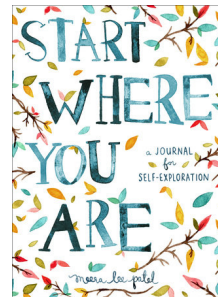
**Broke Millennial Takes On Investing**  
Erin Lowry  
978-0-14-313364-3 TR \$15  
Business & Economics  
TarcherPerigee  
World  
April 9, 2019



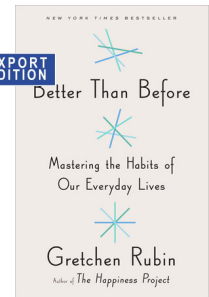
**Burnout**  
Emily Nagoski, PhD, and Amelia Nagoski, DMA  
978-1-9848-1832-4 TR \$17  
Self-help  
Ballantine Books  
January 7, 2020



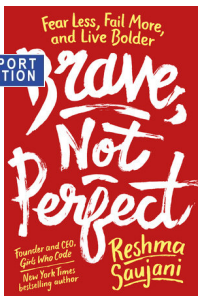
**Digital Minimalism: Choosing a Focused Life in a Noisy World**  
Cal Newport  
978-0-525-54287-2 Int'l C \$18  
Self-help  
Portfolio  
February 5, 2019



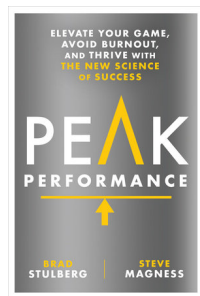
**Start Where You Are: A Journal for Self-Exploration**  
Meera Lee Patel  
978-0-399-17482-7 TR \$16  
Self-help  
TarcherPerigee  
August 11, 2015



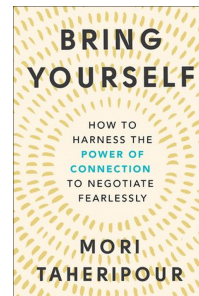
**Better Than Before**  
Gretchen Rubin  
978-0-8041-8895-1 Int'l A \$9.99  
Self-help  
Crown  
November 24, 2015



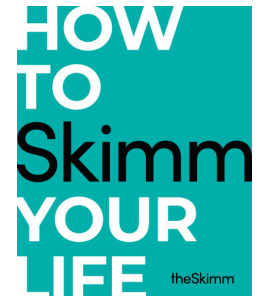
**Brave, Not Perfect: Fear Less, Fail More, and Live Bolder...**  
Reshma Saujani  
978-1-9848-2491-2 Int'l PB \$19  
Self-help  
Currency  
No Singapore  
February 5, 2019



**Peak Performance**  
Brad Stulberg and Steve Magness  
978-1-62336-793-0 HC \$24.99  
Self-help  
Rodale Books  
World  
June 6, 2017



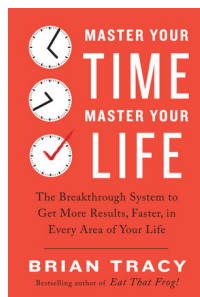
**Bring Yourself: How to Harness the Power of Connection to Negotiate Fearlessly**  
Mori Taheripour  
978-0-525-54030-4 HC \$27  
Business & Economics  
Avery  
March 24, 2020



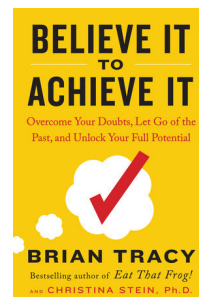
**How to Skimm Your Life**  
The Skimm  
978-1-9848-2080-8 HC \$27  
Self-help  
Ballantine Books  
World  
June 11, 2019



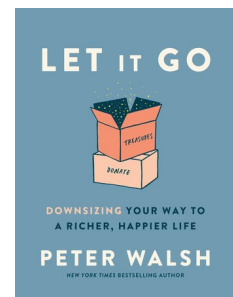
**Eat That Frog!: 21 Great Ways to Stop Procrastinating...**  
Brian Tracy  
978-1-62656-941-6 TR \$16.95  
Business & Economics  
Berrett-Koehler Publishers  
World  
April 17, 2017



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TarcherPerigee  
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Brian Tracy and Christina Stein, Ph.D.  
978-0-14-313108-3 HC \$23  
Self-help  
TarcherPerigee  
December 26, 2017



**Let It Go**  
Peter Walsh  
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House & Home  
Rodale Books  
World  
December 31, 2019